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University of Missouri-St. Louis

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The Current

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MAY 5, 2014

UMSL'S INDEPENDENT STUDENT NEWS

WWW.THECURRENT-ONLINE.COM



YEAR IN REVIEW

A Recap of the Top Stories of 2013-2014

PAGES 4-5



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THE CURRENT ONLINE



CHINA NIGHT PHOTO BY SIYUN ZHANG

Visit thecurrent-online.com for exclusive online content.
This week:

- “China Night” at Touhill
- 2014 Student Leadership Awards
- “Peace Walls” spring dance concert at the Touhill
- Film review: “The Amazing Spiderman 2”
- Summer Video Game Preview
- SGA election results

LETTERS TO THE EDITOR

Letters to the editor should be brief, and those not exceeding 250 words will be given preference. We edit letters for clarity and length, not for dialect, correctness, intent, or grammar. All letters must be signed and must include a daytime phone number. Students must include their student ID numbers. Faculty and staff must include their title(s) and department(s). The Editor-in-Chief reserves the right to respond to letters. The Current reserves the right to deny letters.

GET INVOLVED

Do you have a tip regarding a story? Have a correction to report? Do you have a question or comment for our staff? Contact us at thecurrenttips@umsl.edu. We look forward to hearing from you.

The Current values feedback from the campus community. What do you think of our campus coverage? Let us know your thoughts at thecurrent@umsl.edu.

NOW HIRING FOR THE FALL 2014 SEMESTER!

The Current is now seeking students to fill a number of positions. These positions are available on a volunteer basis or for internship credit. Applications are available on our website at thecurrent-online.com. Please submit completed applications to 388 Millennium Student Center or thecurrentjobs@umsl.edu to be considered for open positions. For more information, contact us at thecurrentjobs@umsl.edu.

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THE UNDERCURRENT By Siyun Zhang

HOW WILL YOU BE SPENDING SUMMER VACATION?



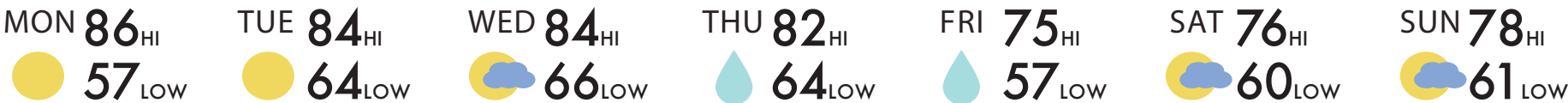
ALEX DE SANTIAGO,
Junior
Elementary Education
“I plan on working at the library as well as at my other job – Target. I also will be taking two summer classes, so it will be a very busy summer! Not really a vacation.”



JONATHAN HARRIS
Graduate
Business Administration
“Working.”



DONNETTA HOUSE,
Sophomore, Nursing
“I’m going to take summer classes.”



Demolition plans delayed after community objects

SIMONNE KIMBLE
STAFF WRITER

CATE MARQUIS
A&E EDITOR

University of Missouri—St. Louis’ summer plans to demolish their first dormitories on campus, Normandie and St. Agnes Halls, which were previously part of the Incarnate Word Convent, have changed. The fate of the old Alumni Center, a historic home at the corner of Natural Bridge and Arlmont at the entrance of North campus, which was also slated for demolition, is less clear but demolition this summer appears to be on hold.

A March 22 article in the Post-Dispatch revealed plans by the university to demolish several unused buildings on the campus, including these historic ones, because it would be too costly to renovate them. The Sisters of Charity had sold the convent buildings to UMSL in 1993 but the buildings are no longer in use.

The demolition plans brought objections from people in the surrounding Bel-Nor neighborhood. Dan Riley, a Bel-Nor resident, started a petition to save the former Incarnate Word Convent and the Alumni Center, which attracted supporters from around the St. Louis area.

On April 14, university officials met with members of the North County community who had expressed concern over the planned demolition.

Bob Samples, associate vice chancellor of advancement for university communications, stated in a Post-Dispatch article on April 16, that the university “would hold off on demolition of the old convent site and issue a request for proposals to see if individuals are interested in renovating the facility and putting it to a positive use.”

“We listened to people, we listened to the petitions and responded accordingly,” UMSL Chancellor Thomas George said.

“We decided that we’re going to basically put it up for sale. If there is a buyer out there who would like to buy it, and they are going to have to fix it up and put it to a good use, we’d be open to that,” Chancellor George said. “So we’ve got probably up to the next half year to be out there and see if there is a buyer. We’re not going to sell the land, we would rent the land, but we would sell the facility.”

READ THE FULL ARTICLE ONLINE at www.thecurrent-online.com

Student Activity Budget Committee submits recommendations for the upcoming fiscal year

HUNG NGUYEN
MANAGING EDITOR

The Student Activities Budget Committee recommendations for the 2014–2015 academic year have been submitted to and approved by Vice Provost for Student Affairs

Curt Coonrod and Chancellor Thomas George.

Of the \$ 966,624.93 requested, SABC recommended budget allo-

cations of \$498,256 and \$5,000 in service fee allocations. Student organizations were notified in mid-March and SABC heard individual appeals from late March to early

April.

SABC is comprised entirely of student volunteers headed by SGA Comptroller Daniel Armistead. Af-

ter student recommendations are made, they are reviewed by the Vice Provost for Student Affairs who then presents them to the Chancellor for final approval.

STUDENT ACTIVITY BUDGETING COMMITTEE RECOMMENDATIONS FOR FISCAL YEAR 2014-2015		
Accounting Club REQ: \$510.00 REC: \$ 500.00	Minority Student Nurses Association REQ: \$4,865.00 REC: \$ 2,005.00 SF: \$ 130.00	
Ad Core REQ: \$3,600.00 REC: \$ 2,150.00	Missouri Optometric Student Association REQ: \$4,225.00 REC: \$ 2,725.00	
Alpha Xi Delta REQ: \$7,258.03 REC: \$ 4,505.00	Muslim Student Association REQ: \$11,990.00 REC: \$ 1,830.00	
American Institute of Graphic Arts REQ: \$10,573.00 REC: \$ 1,100.00 SF: \$ 250.00	National Art Education Association REQ: \$3,026.00 REC: \$ 1,827.00	
American Optometric Student Association REC: \$28,070.00 REC: \$ 4,510.00	National Optometric Student Association REQ: \$3,870.00 REC: \$ 2,825.00	
Associated Black Collegians REQ: \$21,911.00 REC: \$ 5,000.00	Opera Theatre Ensemble REQ: \$9,920.00 REC: \$ 3,975.00	
Association of Student Anthropologists REQ: \$1,299.00 REC: \$ 669.00	Order of Omega REQ: \$415.00 REC: \$ 265.00	
Beta Alpha Psi REQ: \$15,090.00 REC: \$ 5,412.00	Pan-African Student Association REQ: \$750.00 REC: \$ 700.00	
Biological Society REQ: \$20,540.00 REC: \$ 1,650.00	Panhellenic Council REQ: \$20,275.00 REC: \$ 4,526.00 SF: \$ 195.00	
Biology Graduate Student Association REQ: \$3,305.00 REC: \$ 2,565.00	Phi Mu Alpha Sinfonia REQ: \$2,458.00 REC: \$ 734.00	
Black Business Student Association REQ: \$7,688.00 REC: \$ 500.00	Philosopher’s Forum REQ: \$7,804.00 REC: \$ 2,310.00	
Catholic Newman Center REQ: \$44,239.77 REC: \$ 7,359.00	Physics & Astronomy Club REQ: \$975.00 REC: \$ 225.00	
Chemistry Club REQ: \$3,950.00 REC: \$ 800.00	Pi Kappa Alpha REQ: \$11,000.00 REC: \$ 4,250.00	
Chi Alpha Christian Fellowship REQ: \$5,000.00 REC: \$ 1,155.00	Pierre Laclede Honors College Student Association REQ: \$5,350.00 REC: \$ 3,640.00	
Chi Sigma Iota REQ: \$3,505.00 REC: \$ 1,715.00	Political Science Graduate Student Association REQ: \$9,895.00 REC: \$ 9,795.00	
China-America Corner REQ: \$2,440.00 REC: \$ 1,840.00	Pre-Dental Society REQ: \$1,995.00 REC: \$ 800.00	
Colleges Against Cancer REQ: \$11,605.00 REC: \$ 4,040.00 SF: \$ 425.00	Pre-Med Society REQ: \$2,855.00 REC: \$ 1,855.00	
Criminology and Criminal Justice Graduate Student Association REQ: \$28,840.00 REC: \$ 13,100.00	Pre-Vet & Zoological Society REQ: \$4,352.00 REC: \$ 1,570.00	
Current, The REQ: \$29,924.00 REC: \$ -	PRIZM REQ: \$7,887.78 REC: \$ 6,887.00	
Delta Sigma Pi REQ: \$6,666.52 REC: \$ 2,125.00	Psi Chi REQ: \$5,830.00 REC: \$ 1,500.00	
Delta Zeta REQ: \$11,370.00 REC: \$ 3,270.00	Psychology Graduate Student Association REQ: \$6,375.00 REC: \$ 4,600.00	
Gallery Visio REQ: \$3,307.00 REC: \$ 2,000.00	Public Policy Administration Student Association REQ: \$1,420.00 REC: \$ 500.00	
Golden Key Honor Society REQ: \$18,634.00 REC: \$ 4,750.00	Residence Hall Association REQ: \$24,212.49 REC: \$ 5,950.00	
Gospel Choir REQ: \$7,640.00 REC: \$ 2,950.00	SEMPA - The U REQ: \$6,000.00 REC: \$ 1,100.00 SF: \$ 4,000.00	
Graduate Association of School Psychologists REQ: \$564.00 REC: \$ 469.00	Sigma Pi REQ: \$9,055.00 REC: \$ 4,310.00	
Graduate Writer’s Association REQ: \$6,100.00 REC: \$ 3,520.00	Sigma Tau Gamma REQ: \$2,734.00 REC: \$ 2,037.00	
Hispanic Latino Association REQ: \$1,954.01 REC: \$ 1,884.00	Society of Future Engineers REQ: \$610.00 REC: \$ 350.00	
Indian Student Association REQ: \$2,380.00 REC: \$ 1,805.00	Student Government Association REQ: \$55,770.00 REC: \$ 44,500.00	
Interfraternity Council REQ: \$11,170.00 REC: \$ 5,198.00	Student Investment Trust REQ: \$10,000.00 REC: \$ 5,000.00	
International Business Club REQ: \$9,575.00 REC: \$ 2,150.00	Student Nurses Association REQ: \$2,300.00 REC: \$ 1,980.00	
International Business Honor Society REQ: \$7,016.00 REC: \$ 1,500.00	Student Social Work Association REQ: \$13,191.33 REC: \$ 4,500.00	
Japan-America Student Association REQ: \$2,360.00 REC: \$ 1,180.00	Students Volunteer Optometric Services to Humanity (SVOSH) REQ: \$7,280.00 REC: \$ 4,075.00	
Jewish Student Association REQ: \$1,230.00 REC: \$ 745.00	Tau Sigma REQ: \$1,800.00 REC: \$ 1,000.00	
Kappa Delta Pi REQ: \$650.00 REC: \$ 400.00	UMSL Instrumental Ensembles REQ: \$6,200.00 REC: \$ 1,460.00	
Math Club REQ: \$2,870.00 REC: \$ 1,595.00	University Program Board REQ: \$326,148.00 REC: \$ 255,449.00	
	University Singers REQ: \$14,400.00 REC: \$ 5,510.00	
	Vietnamese Student Association REQ: \$4,000.00 REC: \$ 1,950.00	
	Young Activists United REQ: \$2,757.00 REC: \$ 800.00	
	Zeta Tau Alpha REQ: \$9,800.00 REC: \$ 4,830.00	
	Totals: REQ: \$966,624.93 REC: \$498,256.00 SF: \$5,000.00	

YEAR IN REVIEW

The 2013-2014 academic year at the University of Missouri–St. Louis contained numerous construction projects, the conclusion of UMSL's 50th Anniversary celebration, and a number of notable student-led events. Below is a recap of some of the year's top stories.

JUBILEE CELEBRATION



LEON DEVANCE/THE CURRENT

UMSL's 50th anniversary was a year-long celebration that began with the kick-off gala, held at the Blanche M. Touhill Performing Arts Center on February 1, 2013. The entire campus community took part in the celebration, and the momentous year included the unveiling of a Jubilee quilt, countless events hosted by a variety of departments and organizations on campus, and the release of two UMSL-themed books: "First, a Dream: Reflections for a Golden Jubilee 1963 – 2013," edited by Ron Gossen, chief marketing officer and senior associate vice chancellor of marketing and communications, and "A Photographic History of the University of Missouri–St. Louis: The First Fifty Years," by Blanche Touhill, PhD, former UMSL chancellor.

The "Jubilee Symphony," commissioned for the occasion and composed by Barbara Harbach, professor of music, music history, music composition and harpsichord, was performed by the University Symphony Orchestra on October 9, 2013.

UMSL's 50th Anniversary Jubilee drew to a close with UMSL Jazz Ensemble's "Jazz for the Holidays" concert on December 8 at the Touhill.

22ND ANNUAL FOUNDERS' DINNER



JENNY LIN/THE CURRENT

The 22nd annual Founders' Dinner celebrated UMSL's 50th anniversary birthday party and was held on September 19 at the Ritz Carlton. The program recognized the outstanding leadership and notable charitable acts of UMSL students, alumni, faculty and donors and concluded with the Distinguished Alumni Award, awarded to six notable alumni on behalf of the UMSL Alumni Association. Chancellor Tom George was also recognized for his ten years of service as chancellor.

CURRENT FUNDING



JENNY LIN/THE CURRENT

For the first time in its nearly 50-year history, The Current, UMSL's student newspaper, was denied funding by the Student Activities Budget Committee (SABC). The Current was first notified of the committee's decision in mid-March; the appeal, held in early April, was also denied. On April 21, The Current's executive board met with UMSL administrators and deans to discuss the future of The Current. Though plans are still in the discussion stage, the university agreed to forgive the remainder of the paper's debt and supply it with a new sustainable funding source.

CAMPUS CONSTRUCTION



RYAN BROOKS/THE CURRENT

Construction on the new Science Learning Building began on October 29, 2013. The new academic building will add approximately 75,000 square feet to the science complex and will house teaching labs currently held in Benton and Stadler halls.

The groundbreaking ceremony for the new campus Recreation and Wellness Center took place on November 21, 2013. The building will include a three-court gymnasium, fitness and recreation pool, three-lane running track, a wellness center, four group fitness rooms, strength and cardio training rooms, and other amenities. The 94,000 square-foot facility will be located south of the Millennium Student Center, in the space formerly reserved for parking lots C and D.

WARD E. BARNES LIBRARY CLOSURE



SARAH MYERS/THE CURRENT

On November 1, 2013, the Office of Academic Affairs sent a campus-wide email announcing the forthcoming closure of the Ward E. Barnes Library. The library is set to close on May 17, 2014. Upon closure, the library's books will be divided and relocated to either the Thomas Jefferson Library or an off-site storage area where they will be retrievable upon special request.

YEAR IN REVIEW

MIRTHDAY



JENNY LIN/THE CURRENT

UMSL's annual Mirthday carnival supplied a much-needed study break for the campus population. On April 16, the north entrance parking lot of the Millennium Student Center was filled with fun and games, thanks to the efforts of the University Program Board, who plan and host the event every year. Carnival rides, food trucks, and a DJ booth kept the energy up for the duration of the event. A popular attraction, the booths manned by student organizations and campus departments provided opportunities for students to learn more about how to get involved in campus life while earning prizes. The day concluded with a B.O.B. concert at the Touhill, with heavily discounted prices available for students.

UMSL CELEBRATES MARTIN LUTHER KING, JR. DAY



HEATHER WELBORN/THE CURRENT

Community members came together on January 20 to celebrate Martin Luther King, Jr. Day at the Blanche M. Touhill Performing Arts Center. The program, titled "Is Dr. King's Voice Still Speaking Today?" included guest lectures, faculty performances and scholarship awards inspired by the ongoing memory of Dr. King.

UMSL DISPLAYS FIRST BOOK PRINTED IN THE U.S.



KAT RIDDLER/THE CURRENT

The first book ever printed in the United States, "The Bay Psalm Book: Property of the Old South Church in Boston," was exhibited at UMSL's Mercantile Library on September 13 as part of a nationwide tour to raise awareness of the book's existence and generate interest for the upcoming auction. This honor was extended to the university by Sotheby's, a New York-based auctioning agency known for its highly valuable international artifacts.

HOMEcoming 2014



KAT RIDDLER/THE CURRENT

This year marks the first year that UMSL Homecoming has been held in February since 1974. The 2014 Homecoming Dinner and Dance was held on February 8 at the Union Station Hotel in Downtown St. Louis. This year's theme was "Forever Red and Gold" and the Homecoming Committee raised \$10,000 from 19 sponsors in support of the event. Adam Delgado, junior, liberal studies, was crowned Homecoming King, and Homecoming Queen went to Marissa Steimel, senior, communications.

SLIFF COMES TO UMSL



GATE MARQUIS/THE CURRENT

In 2013, UMSL played a significant role in the St. Louis International Film Festival (SLIFF) by hosting film screenings and free campus events from November 15-21. 2013 was the first year that UMSL had been major venue at the festival. The portion of SLIFF that was held at UMSL, "Twenty Years Later – Films from the Former Yugoslavia," focused on films from countries that were once part of Yugoslavia. The program was curated by Rita Csapo-Sweet, PhD, associate professor of media studies. The series of events were co-sponsored by University of Missouri Research Board and the UMSL Office of International Studies and Programs, in conjunction with Cinema St. Louis, the presenter of SLIFF.

UMSL SPORTS HALL OF FAME INDUCTION CEREMONY



JOHN "SAMMY" LUDEMAN/THE CURRENT

The UMSL Sports Hall of Fame held their 2014 induction ceremony on February 7 at the Archview Ballroom of the St. Louis Hilton at the Ballpark. Harry Schroeder of UMSL Athletics served as master of ceremonies. Six individuals and two teams joined the ranks of elite UMSL athletes: Greg Bierling, Baseball (2000-03); Steve Buckley, Men's Soccer (1971-72); Dan Chinnici, Baseball (1993-97); Kevin Missey, Men's Soccer (1970, 1973-74); Coach Beth Goetz, Women's Soccer (1998-2007); Frank Cusumano, Men's Basketball (1980-84); Triton baseball team (1977); and UMSL women's soccer team (1981 and 1982).

Triton teams triumph both home and away

JOHN “SAMMY” LUDEMAN
SPORTS EDITOR

The University of Missouri–St. Louis women’s golf team finished fourth place out of fourteen in the Great Lakes Valley Championships on April 27 at the Annbriar Golf Club in Waterloo, Illinois. The tournament lasted two days. The Tritons carded a 646 (328-318), finishing in fourth place after standing in seventh place after the first round. Indianapolis finished first with a 614 (304-314) followed by Southern Indiana (317-310 - 627) and Drury (313-325 - 638). Tayler Hoag, sophomore, marketing, contributed for the Tritons with a 152 (75-77), finishing third individually and claiming All-GLVC honors. Also claiming All-GLVC honors for the Tritons was Bailey Hopper, junior, finance, who finished 19th in the tournament with a 163 (82-81).

UMSL baseball lost to the Illinois Springfield Prairie Stars 8-9 on April 30 in Springfield, Illinois. The Tritons led 8-6 going into the bottom of the eighth, before giving up three runs and the game to Illinois Springfield. The Prairie Stars earned their first

run in the bottom of the eighth through being hit by a pitch with the bases loaded. The next two runs for Illinois Springfield came from a fly out and a walk with the bases loaded. Paul Richmond, senior, media studies, and Michael Budka, senior, physical education, contributed for the Tritons with three hits apiece.

UMSL softball defeated Illinois Springfield and #22 Truman State on the first day the Great Lakes Valley Conference Tournament on May 2 in Peoria, Illinois. In the first game, the Tritons defeated Illinois Springfield 1-0 through eight innings. The Tritons won the game off of a solo home run from Brianna Butler, junior, elementary education, in the bottom of the eighth. In the second game, the Tritons defeated #22 Truman State 5-0 through seven innings. The Tritons spread out their scoring, bringing in one run in each of the second, third, and fourth innings before scoring two runs in the fifth through nine hits. Truman State had no answer. Jena Boudreau, junior, nursing; Hannah Wessels,

junior, nursing; and Butler contributed for the Tritons by each hitting a home run. The Tritons advanced to the GLVC winner’s bracket final with the win.

UMSL softball defeated the Bellarmine Knights 3-2 in the GLVC Tournament winner’s bracket final on May 3 in Peoria, Illinois. The Tritons gained a 3-0 lead after the fourth inning thanks to Jena Boudreau, junior, nursing, and Alex Stupek, freshman, nursing, home runs in the first and fourth innings, respectively. The Knights attempted a comeback, scoring one run in both the sixth and seventh innings, but did not have enough to come back from the Triton’s lead. With the win, the Triton women will play in the GLVC Championship for the second year in a row, on May 4.

UMSL baseball won the first game and lost the second in a doubleheader against the Missouri S&T Miners on May 3 at the UMSL Baseball Field. In the first game, the Tritons defeated the Miners 12-1 through nine innings. The Tritons could do no wrong



Triton Paul Richmond prepares for a hit at the UMSL Baseball Field

on offense, scoring all twelve of their runs in four innings. One of their runs in the fourth inning was off of Triton Justin Lois, senior, marketing, stealing home plate. In the second game, the Tritons fell to the Miners 1-3 through 13 innings. After scoring one run in the first inning off of Michael Budka, senior, physical education, single hit, the Tritons would not find home plate again. Missouri S&T scored one run in the top of the third, and the game remained tied at 1-1 until Missouri S&T brought two more runs through the plate in the top of the 13th.

UMSL men’s tennis lost to

the #25 Indianapolis Greyhounds 3-5 in first round of the NCAA Midwest Regionals on May 3 in Indianapolis, Indiana. The Tritons won two of five matches in singles competition, and won one out of three matches in doubles competition. Tim McLarty, junior, international business, contributed for the Tritons defeating his singles competitor 6-2, 6-2. Also contributing for the Tritons were Tim Gorter, senior, accounting, and Nils Mueggenburg, junior, international business, who teamed up to win their doubles match 9-7. With the loss, the men’s tennis team’s season comes to a close.

Make out with lots of cash!

Official UMSL

TEXTBOOK SELLBACK

May 5-8
8 a.m. to 6 p.m.

May 9
8 a.m. to 5 p.m.

May 12-15
8 a.m. to 6 p.m.

May 16
8 a.m. to 5 p.m.

May 19-20
8 a.m. to 6 p.m.

UMSL BOOKSTORE   umslbookstore.com

RENTAL DEADLINE: Last day for rental returns is
Saturday, May 17 at 2 p.m.

TOP 3 REASONS TO ATTEND STLCC THIS SUMMER:

- 1. Get ahead!** — Take courses over the summer so you can be ahead of the curve in the fall.
(Make sure your STLCC classes will transfer at stlcc.edu/transfer.)
- 2. Focus!** — Put all your energy into the one or two classes you know will challenge you the most.
- 3. Save money!** — At only \$98 per credit hour, a summer course at STLCC will cost A LOT less than at most four-year colleges and universities.

 St. Louis
Community
College

Enroll now at
STLCC.EDU/SUMMER

Classes begin in May and June.

POINT

COUNTERPOINT

SHOULD UNHEALTHY FOODS BE TAXED EXTRA?

POINT: Promote healthy eating

Taxing unhealthy foods and subsidizing healthier foods would help promote a healthier diet. Fast food is cheap, but is cheap healthy? Fast food, including the most popular fast food restaurant, McDonalds, may be convenient and inexpensive, but does anyone really know what is inside the “food” we love to eat?

Obesity is a major issue in the United States. Obesity can be defined as a “medical condition in which excess body fat has accumulated to the extent that it may have an adverse effect on health, leading to reduced life expectancy and/or increased health problems.”

Taco Bell is known for letting their meat sit for days uncovered in a large bucket to thaw out. Once it has thawed out, the employees heat it up and serve it to hungry customers. No one really knows what goes on behind the scenes when unhealthy foods are produced. Yes, they may taste good, but the “food” that we consume could quite frankly be anything mushed together in a machine. The creators of these foods don’t care about our

health; they only care about the money in our pockets. Adding an additional tax to unhealthy foods would serve as a wake-up call to the American people. Not only are they hurting themselves by purchasing and consuming unhealthy, fatty foods, but they are supporting a system in which profit is prioritized over health.

Many college students may not stop to consider the damage they’re doing to their bodies by choosing to eat unhealthy foods. People find it much easier to just go through a drive through; McDonald’s is cheaper and easier to access than a home-cooked meal, but that convenience comes at a high cost. Those who eat dangerously fatty foods will have to deal with the consequences of their decisions later on in life.

Unhealthy, fatty foods are extremely cheap and convenient; changing that would discourage the purchase of such items. Putting extra taxes on unhealthy foods would make a huge difference in America’s national health trajectory.

COUNTER: Don’t tax “unhealthy” foods

Taxing “unhealthy” foods is not a good idea. First of all, it is hard to identify the source of rampant obesity in America. Is it the sugar, as many advocates of diets such as Adkins, Paleo, and South Beach, among others, would tell you? Is it that the obese are not obeying the FDA guidelines on a healthy diet, exemplified in their eponymous food pyramid?

Secondly, as an American citizen, I should be free to choose what I want to eat and not have to pay extra taxes because of government patriarchy. I might exercise more than my neighbors, and I want to enjoy a tasty meal. I’m still in shape, after all. I shouldn’t be penalized because someone else might overindulge and not have the habits to eat good food and still stay in shape. No amount of dieting will keep a person healthy, after all, without adequate physical exercise on a regular basis.

Many American families are having a tough time as it is putting food on the table. Organic foods and other foods that now fall under the folk definition of health food often are not healthy

but are merely expensive. These options lay outside the budget of many already. If we tax processed, sugary foods, then a large part of the working class diet will become more dauntingly expensive than it already is, and “health” foods will not get any cheaper either.

In cases where we have taxed fatty foods, consumers were driven to consume even lower quality foods that were only occasionally less fatty. And once that tax has revenue coming in, politicians will be loathe to repeal it just because it has no health benefits for consumers; after all, it is the tax revenue that they will want to see preserved, not your health.

A more appropriate solution would be one that starts with emphasizing physical exercise and sound health practices. There is a limit to how much you can or should do by way of clumsy state intervention to control fat, sugar, or whatever other nutrients the current health fad happens to define as “bad.”

STAFF EDITORIAL

Five reasons you should compost

JANE LAKAYIL

STAFF WRITER

Previously only found in organic farms and hippie backyards, compost has now burgeoned into a full blown trend for city dwellers and suburbanites alike. Compost is a highly nutrient rich soil that is produced by the decomposition of organic matter such as leaves, grass, and plant-based food scraps. It occurs as a natural process in the environment and can be sped up by humans for use in gardens.

So why exactly is compost so great?

1. Reduces landfill waste. 25% of landfill waste is made up of food and lawn scraps. These types of waste should decompose over time but do not because all of the waste is so heavily compacted. By throwing all of your apple cores, orange peels, grass clippings and other biodegradable organic waste into a separate bucket, you can cut down your chore of taking out the trash by ¼. You don’t even have to do loads of work; you merely take it outside and make a pile of the organic waste in a bucket or compost bin.

2. Saves money. Americans are the third largest consumers of chemical fertilizers in the world, consuming tens of millions of tons annually. All of this chemical fertilizer use amounts to approximately thirty

billion dollars every year. While chemical fertilizers result in short-term success with larger, faster growing crops, the growth is unsustainable. Using compost to create a naturally nutrient rich soil results in a more long-term success. The crops may not grow as quickly or as big, but they will grow without requiring pounds of synthetic chemical fertilizers to be added annually, saving billions of dollars.

3. Reduces harmful emissions. The heavily compacted trash in landfills leave no room for oxygen to decompose the food and lawn scraps. Not only do those scraps not decompose, but anaerobic conditions result in the emission of methane fumes, a greenhouse gas more toxic to the atmosphere than carbon dioxide. By cutting back on sending one ton of organic waste to landfills, you are cutting back on emitting 1/3 of a ton of toxic gases.

4. Conserves water. Added compost to soil increases its water holding capacity by building stronger root systems in plants, reducing evaporation and improving infiltration. This prevents runoff from occurring, as well as decreasing the amount of watering needed. Using composted soil over regular soil with added fertilizers can decrease the amount of water necessary by about 30%, which



in turn also saves money.

5. It’s easy. There are only four things you need to remember when composting: brown, green, air, water. Composting is all about ratios and letting nature do its work. The brown is the carbon based ingredients, such as dead leaves, straw, hay, woodchips, etc. The green is the nitrogen based ingredients, such as grass clippings, weeds, most kitchen scraps, etc. The key is in maintain a ratio of about 6 to 1 of brown to green matter.

The health of the compost is also dependent on how much water is in it; it should only ever be damp, never wet or dry. The final factor, air, is also very simple: make sure that the pile is not compressed down and allows air to circulate throughout. In order to ensure that circulation occurs, give the pile a brief mixing every few days.

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COMICS

MUSIC REVIEW COMIC by Greg Hartl

Hi music lovers I am here to review the Album "Endless Fantasy" by Anamanaguchi.

This album is a chiptune listeners paradise. If you love chiptune and 8bit music this is the perfect album for you.

*Music made using the soundchips of old computers and video games systems like

Nintendo Entertainment System

Sega Genesis

Nintendo Gameboy

Anamanaguchi has stated that their music is influenced by simple pop music and classic videogames.

"Endless Fantasy" was Anamanaguchi's second album was well worth the wait. It took.

Pop music like the Beach Boys

And video games like Super Mario 3

3 YEARS & KICKSTARTER

The first track of this album leads you in with some frantic pop overlaid with the chiptune sound.

You immediately get a taste of what the rest of the album is going to sound like.

Their next track surprised me when I first heard it. "Japan Air" starts out as you would expect, but suddenly about a minute in you get vocals.

The lyrics are simple, but I think they fit beautifully within the song.

After the rush of the first two songs, the album starts to slow down the pace with the next few tracks. These songs feel calmer by comparison.

Slow Songs Ahead

Up next is Anamanaguchi's "Prom Night!"

107.7 FM

This album then picks up the pace with "Prom Night." A song that sounds like something you could easily hear on the top forty! The lyrics have a great pop sound while using chiptunes to add to the song instead of taking away from it.

Listening to Japan Air

Wait lyrics!

BO OM

HEAD EXPLODES

You can tell how much work they put into this album. Every song is fantastic, including the interludes in the album which add some pacing to it. I think if this album has any short comings, it's that it might be a bit too long for the average listener. It clocks in at about an hour and sixteen minutes.

Personally I don't think the length is a problem. Down below is my final verdict on this album. This includes my favorite tracks as well as the score I believe it deserves.

The Best Songs.

- Endless Fantasy
- Japan Air
- Viridian Genesis
- Prom Night
- Akira
- Interlude (Total Tea Time) and Meow
- Snow Angels

Final Verdict

10/10

If you want to give Anamanaguchi a try, but aren't sure about purchasing this album, I would check out anamanaguchi.com/singles/ you can stream their singles and download them for free! But note these aren't singles from this album but older singles.

Sasha & Nathan IN: CRASH COURSE

HEY READERS, SORRY WE HAVEN'T BEEN VERY ACTIVE THIS SEMESTER. OUR TEACHERS HAVE REALLY BEEN RUNNING US RAGGED.

AS COLLEGE STUDENTS, WE'RE SURE YOU UNDERSTAND HOW STRESSFUL IT CAN GET SOMETIMES. WE'LL TRY TO DO BETTER NEXT SEMESTER. RIGHT, NATHAN?

ZZZ

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